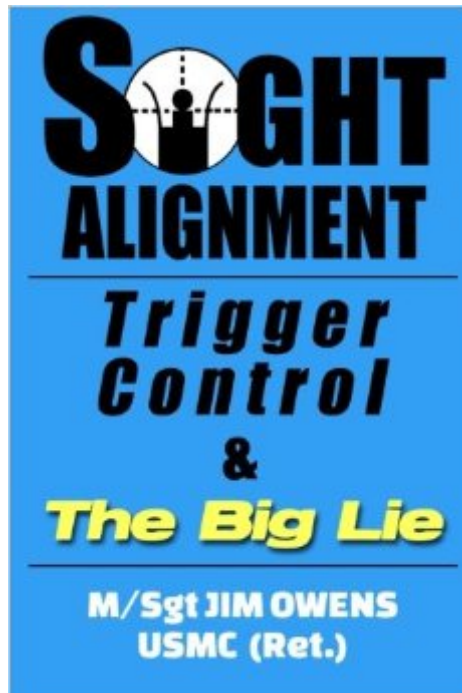


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# Sight Alignment, Trigger Control & The Big Lie



## Synopsis

NEW Updated 7th Edition The power-packed book that helped hundreds of shooters improve their groups and scores, some by as much as forty or fifty points. Written by Master Sergeant Jim Owens, his 20+ years of Marine Corps Shooting Team experience will give you the skills and insights to excel in any type of rifle competition. Jim's book covers the core basics, in-depth as only he can. With his tips you will master breathing, natural point of aim, sight alignment, sight picture, focus and trigger control. Includes additional sections on mental conditioning, marking your sights, zeroing, normal come ups, light effects, damage to the crown, care in cleaning, throat erosion and way more. Jim's advanced theory section has been praised by High Masters and numerous National level competitive marksmen. This updated edition includes a new extra chapter on "Analyzing Groups". Revised and updated as of 2013, this new version is a must-have for every student of shooting.

## Book Information

Paperback: 206 pages

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Shipping Weight: 13.1 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars See all reviews (54 customer reviews)

Best Sellers Rank: #79,290 in Books (See Top 100 in Books) #60 in Books > Sports & Outdoors > Hunting & Fishing > Shooting

## Customer Reviews

It is obvious that Jim Owens knows what he is talking about. His tenure with the USMC and the associated rifle teams leaves him in the very enviable position of being able to not only shoot competently but to relate the experience to those of us who are not fortunate enough to have his experience. If you are having difficulty with precision at various ranges, you should probably read this book. In a lot of ways it is very basic. It covers the basic skills that are taught in BRM in the military as well as some more advanced techniques. All of those techniques represent the foundation skill set necessary to master as you become a competent and efficient rifle shooter. I purchased this book as a primer before moving on to more advanced techniques in a more

advanced discipline. I am currently revisiting basic skills before taking up long range precision shooting. I have purchased several books detailing what I "need to know" and why one method is "so much better" than the rest. I think most of it is a bunch of hype. If you first practice and gain familiarity and competency with the basics, you will be better equipped to handle the more technical aspects of long range precision and the various "sniping" disciplines. That is the main reason I purchased this book.... and I am glad that I did. This book is well written and edited, and is complete with a good amount of illustrations and images that demonstrate the author's points. Be warned however, that everything in this book is black and white. There are no color plates or images. If you absolutely must have "color" to look at, then you should probably look somewhere else. One other caveat worth mentioning.... This book is devoted to "conventional" rifle shooting using "iron" sights.

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